

PhunkyCLUB

Term 1: Food Production and Processing / Food Safety and Hygiene



	TERM 1 WEEK 1	TERM 1 WEEK 2	TERM 1 WEEK 3	TERM 1 WEEK 4	TERM 1 WEEK 5	TERM 1 WEEK 6	TERM 1 WEEK 7	TERM 1 WEEK 8	TERM 1 WEEK 9	TERM 1 WEEK 10
KS1 THEME	FOOD PRODUCTION & PROCESSING					FOOD PRODUCTION & PROCESSING				
KS1 LESSON TITLE	Living and non-living things	Plant or animal	Harvest festival	Grandad the Greengrocer	Growing cress	Tasting cress	Facts about fish	Fish processing	Fish tasting – magic boxes	Messy Play
LOWER KS2 THEME	FOOD PRODUCTION & PROCESSING					FOOD PRODUCTION & PROCESSING				
LOWER KS2 LESSON TITLE	Where my food comes from (1)	Where my food comes from (2)	In the kitchen	Bread	Bread tasting	Phunky Microbes	Looking after food	Decaying food	Food hygiene promotion	Putting it into practice
UPPER KS2 THEME	FOOD PRODUCTION & PROCESSING					FOOD PRODUCTION & PROCESSING				
UPPER KS2 LESSON TITLE	Food waste	Leftover lunches	Composting	Best of British!	Recycle, recycle, recycle	Food miles	Bonkers about bananas	Fairtrade	Seasonal tasting	A big green poster

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Term 2: Diet and Health



	TERM 2 WEEK 1	TERM 2 WEEK 2	TERM 1 WEEK 3	TERM 2 WEEK 4	TERM 2 WEEK 5	TERM 2 WEEK 6	TERM 2 WEEK 7	TERM 2 WEEK 8	TERM 2 WEEK 9	TERM 2 WEEK 10
YR1 THEME	DIET AND HEALTH					DIET AND HEALTH				
YR 1 LESSON TITLE	What is health?	Healthy activities	Let's get active	The five food groups	Eat more of ... eat less of ...	Strive for 5!	Five a Day tally chart	Grandad the Greengrocer	Make a rainbow	Taste the rainbow
YR 2 THEME	DIET AND HEALTH					DIET AND HEALTH				
YR 2 LESSON TITLE	Food to make our body work	Fruit and vegetables	Dairy smoothies	A healthy debate (1)	A healthy debate (2)	Breakfast brainstorm	Healthy breakfast choices	Breakfast club (1)	Breakfast club (2)	Breakfast bonanza
YR 3 THEME	DIET AND HEALTH					DIET AND HEALTH				
YR 3 LESSON TITLE	The PhunkyFoods Plate of Health	Daily diary	Energy balance	Food diaries	I want to be fit!	The heart	An introduction to physical activity	Checking your pulse	How to have a healthy heart	Healthy heart tasting session

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Term 3: Cultural Aspects of Food / Diet and Health



	TERM 3 WEEK 1	TERM 3 WEEK 2	TERM 3 WEEK 3	TERM 3 WEEK 4	TERM 3 WEEK 5	TERM 3 WEEK 6	TERM 3 WEEK 7	TERM 3 WEEK 8	TERM 3 WEEK 9	TERM 3 WEEK 10
YR1 THEME	CULTURAL ASPECTS OF FOOD					DIET AND HEALTH: CHOOSING A HEALTHY DIET				
YR 1 LESSON TITLE	Alfie's around the world adventure	Taste the world	A party for a special guest (1)	A party for a special guest (2)	Food party	Healthy snacks	Healthy tuck shop planning	Healthy tuck shop – it's here	PhunkyFoods characters	My PhunkyFoods promise
YR 2 THEME	CULTURAL ASPECTS OF FOOD					DIET AND HEALTH: CHOOSING A HEALTHY DIET				
YR 2 LESSON TITLE	Stone age Britain	Roman Britain	Tudor Times	War time rationing	Modern day diets	PhunkyFoods Plate of Health recap	How do we make informed choices?	Imagine if ... you made the rules	Packed lunch	Making a healthy lunch box
YR 3 THEME	CULTURAL ASPECTS OF FOOD					DIET AND HEALTH: CHOOSING A HEALTHY DIET				
YR 3 LESSON TITLE	Why do we eat what we eat?	Media influences and advertising (1)	Media influences and advertising (2)	Traffic lights	Design a packet	Healthy pizza	PhunkyFoods Plate of Health recap	Small changes, big impacts	Faster pasta	Planning on a budget