Halving and Doubling a Recipe

**Oat and Yoghurt Muffins**

<https://www.phunkyfoods.co.uk/recipe/oat-and-yogurt-muffins/>

The oats and yogurt in these muffins give them a different texture and make them a great choice for breakfast or at any other time.

The ingredients for ‘Oat and Yoghurt Muffins’ on our website make enough for **twelve** people. If you wanted **six** people to try it then you can halve the amounts.

|  |  |
| --- | --- |
| Ingredients to make 12: | Ingredients to make 6: |
| 200 g plain flour |  |
| 1 ½ tsp baking powder |  |
| 85g rolled oats |  |
| 240 ml |  |
| 1 tsp bicarbonate of soda |  |
| 1 egg |  |
| 100 g light brown sugar |  |
| 110 ml semi-skimmed milk |  |
| 90 ml vegetable oil |  |
| 140 g berries |  |

**Supercrunch**

<https://www.phunkyfoods.co.uk/recipe/supercrunch-cold-pudding/>

Supercrunch is a cold pudding which can be put together in minutes! It’s great to have as a breakfast, a snack pot or a pudding!

The ingredients for ‘Supercrunch’ on our website make enough for **two** people. If you wanted **four** people to try it then you can double the amounts.

|  |  |
| --- | --- |
| Ingredients to make 2: | Ingredients to make 4: |
| 160 g fresh fruit |  |
| 150 g plain low fat yoghurt |  |
| 1 tsp runny honey |  |
| 50 g oat cereal / granola |  |

Try getting hands on and weighing out some of these amounts. Can children estimate the weight of different ingredients?